



THE  
CLIVEDEN  
SPA

TREATMENTS



## *Our SPA partners*

The Cliveden Spa enjoys a partnership with **SARAH CHAPMAN** offering her celebrated Skinesis® facials. Sarah's Skinesis® facials are for those pursuing immaculate skin, offering the most effective, performance-proven skin treatments combining science, technology and expert hands.

A global beauty influencer, Sarah is renowned for her unique, award-winning facials and her luxurious yet scientifically-advanced cosmeceutical skincare range – both of which bring together the best of current dermatological research with the purest botanical extracts for an exceptional and bespoke skin solution that is perfect for you.

**OSKIA.** This range of treatments has been designed to complement and accentuate OSKIA's multi-award winning nutritional skincare range. The holistic approach combines bespoke anti-ageing techniques, drawing on traditional knowledge such as acupressure, specialist massage, reflex and lymph drainage, as well as elements such as gentle enzyme and AHA peeling that will leave the skin, body and mind rejuvenated and glowing.

These treatments instantly boost skin health whilst improving tone and texture, and deliver an immediate natural glow and lasting benefits. They build on OSKIA's unique approach to boosting skin health and improving the complexion through a combination of topically applied essential cell nutrients and pioneering beauty actives, and bespoke facial massage techniques and equipment. These highly effective treatments will ensure that even the most tired complexions come alive and skin is left feeling radiant and luminous.

## THE CLIVEDEN BODY COLLECTION

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Inspired by two remarkable ladies synonymous with the history of this fabulous house, Anna Maria, the first 'Mistress of Cliveden' and Nancy Astor, perhaps its most famous chatelaine, we have created two fabulous fragrances that not only delight the senses but have provided the inspiration for our own bespoke collection of luxurious body products designed by OSKIA, the luxury British skincare brand. These scents reflect the combination of strength, subtlety and femininity of the women who inspired them.

All products within the The Cliveden Body Collection retail range are vegan, developed for spa-quality home pampering.

### THE ANNA MARIA FRAGRANCE

Black Rose & Cedar wood, Calming & Balancing. George Villiers, the second Duke of Buckingham, built Cliveden as a monument to his affair with Anna Maria. Even against the lush and licentious backdrop of the Restoration court, Anna Maria stood out for her ability to cause scandal and her willingness to spill blood in defence of her honour. Hers was a world perfumed with the dark woody smells of cedar wood, spices, earthy patchouli, musky sensuous roses and enlivened by the tang of oranges, a favourite snack of audiences in London's theatres, where so many women of Anna Maria's generation went to find fame, or infamy.

### THE NANCY FRAGRANCE

Fruit Blossom, Jasmine, Wild Mint & Lily Refreshing & Stimulating. Nancy Astor was the American whose energy and vigour would make her the first woman to win and take a seat in the House of Commons almost 100 years ago! On inheriting Cliveden, Nancy banished what she described as the 'splendid gloom' of her predecessor's décor and replaced it with the bright chintzes and fresh-cut flowers inspired by her beloved Virginian childhood. From her piercing blue stare to her acerbic humour everything about Cliveden's final chatelaine was fresh, bracing and poised..

## CLIVEDEN WARM OIL MASSAGE

<b>45 MINUTES</b>	<i>£95</i>
<b>60 MINUTES</b>	<i>£120</i>
<b>75 MINUTES</b>	<i>£130</i>
<b>90 MINUTES</b>	<i>£145</i>

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Choose between the Anna Maria and Nancy fragrances.

Drawing on Eastern and Western massage techniques, your therapist will be guided by knowledge and intuition to administer a bespoke massage treatment targeting your unique holistic needs; whether that be to ease deep muscular tension, to rebalance and renew emotional or physical energies, to detoxify and stimulate lymphatic drainage or to support general well-being. Warm, nutrient-rich super-seed oils including rosehip, evening primrose, blueberry, raspberry and strawberry ensure mind, body and soul are completely recharged.

## CLIVEDEN RECOVERY BODY TREATMENT

<b>60 MINUTES</b>	<i>£120</i>
<b>75 MINUTES</b>	<i>£130</i>
<b>90 MINUTES</b>	<i>£145</i>
<b>120 MINUTES</b>	<i>£170</i>

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Combining Ayurvedic and Eastern techniques your Therapist will advise you of the most beneficial components to be performed during this treatment. This could be a detoxifying mineral-rich mask, invigorating salt scrub or dry body brushing, as well as warm lava stone massage, tension releasing massage or soothing reflex-zone massage. These blend perfectly and aid with the easing of stress and tension during this full body treatment. A combination of ancient Indian massage techniques and craniosacral therapy balances the nervous system, restoring a harmonious flow of energy and induces deep meditative relaxation.

A £20 supplement will be applied on all Spa treatments and retreats on Fridays, Saturdays, Sundays and Bank Holidays  
A discretionary 12.5% service charge will be added to the price of each treatment



THE CLIVEDEN SPA  
Anna Maria  
Black Rose & Cedarwood  
RESTORING & NOURISHING EXFOLIATING BODY SCRUB  
200g e

THE CLIVEDEN SPA  
Nancy  
Fruit Blossom, Jasmine,  
Wild Mint & Lily  
REVIVING & FIRMING HIMALAYAN BATH SALTS  
200g e

THE CLIVEDEN SPA  
Anna Maria  
Black Rose & Cedarwood  
RELAXING & FIRMING BODY BUTTER  
200ml e

THE CLIVEDEN SPA  
Nancy  
Fruit Blossom, Jasmine,  
Wild Mint & Lily  
REVIVING & FIRMING BODY BUTTER  
200ml e

THE CLIVEDEN SPA  
Anna Maria  
Black Rose & Cedarwood  
RESTORING & NOURISHING HIMALAYAN BATH SALTS  
200g e

THE CLIVEDEN SPA  
Nancy  
Fruit Blossom, Jasmine,  
Wild Mint & Lily  
UPLIFTING & REFRESHING EXFOLIATING BODY SCRUB  
200g e

THE CLIVEDEN SPA  
Anna Maria  
Black Rose & Cedarwood  
RESTORING & NOURISHING EXFOLIATING BODY SCRUB  
200g e

THE CLIVEDEN SPA  
Nancy  
Fruit Blossom, Jasmine,  
Wild Mint & Lily  
UPLIFTING & REFRESHING EXFOLIATING BODY SCRUB  
200g e



## BESPOKE *facials*

Just go with the 'glow' and experience the incredible benefits of a bespoke facial at The Cliveden Spa.

### SARAH CHAPMAN

60 MINUTES	£120
75 MINUTES	£130
90 MINUTES	£145
120 MINUTES	£170

### OSKIA

45 MINUTES	£95
60 MINUTES	£120
75 MINUTES	£130

Our prestigious Spa Partners, Sarah Chapman and OSKIA, offer a variety of benefits to suit all skin types. Whatever your concern, our Therapists have the knowledge and expertise to create a unique experience, tailored to meet your needs.

A £20 supplement will be applied on all Spa treatments and retreats on Fridays, Saturdays, Sundays and Bank Holidays.  
A discretionary 12.5% service charge will be added to the price of each treatment.

## The STUDIO

Enter a world of enchantment and discovery as you indulge in one of our signature Cliveden Spa nail treatments inspired by our noble and unique heritage.

### HANDS

**FILE AND POLISH 25 MINUTES** £30

**ESSENTIAL MANICURE 35 MINUTES** £45

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File, cuticle care and an application of polish.

**LUXURY MANICURE 60 MINUTES** £65

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File, cuticle care, hand exfoliation, hand and arm massage, followed by an application of polish and a polish to take home.

### FEET

**FILE AND POLISH 25 MINUTES** £30

**ESSENTIAL PEDICURE 35 MINUTES** £45

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File, cuticle care and an application of polish.

**LUXURY PEDICURE 60 MINUTES** £65

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File, cuticle care, foot and leg exfoliation, foot and leg massage, followed by an application of polish and a polish to take home.

**EXISTING GEL REMOVAL 25 MINUTES** £20

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Existing gels need to be removed before any manicure or pedicure. A £10 charge occurs for removal of gel prior to treatments. *Please book in addition to your chosen treatment.*

### GELERATION

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Add GELeration to an Essential or Luxury Manicure/Pedicure for an additional £10. *Please specify at time of booking to avoid disappointment.*

A £20 supplement will be applied on all Spa treatments and retreats on Fridays, Saturdays, Sundays and Bank Holidays. A discretionary 12.5% service charge will be added to the price of each treatment.



#### **TAILOR-MADE SPA DAY\***

*Including a timed treatment of your choice*

**WITH 60 MINUTE TREATMENT**

*£210*

**75 MINUTE TREATMENT**

*£240*

**90 MINUTE TREATMENT**

*£260*

**120 MINUTE TREATMENT**

*£280*

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- Full access to spa facilities up to 8 hours.
  - The choice of lunch or afternoon tea in the Spa Kitchen.
  - Selected complimentary refreshments throughout the day.
  - Use of robes, slippers and towels.
  - VAT.
  - \*Includes a gift to take home.

\*Spa day available from 9am to 5pm.

#### **CLIVEDEN DUSK DELIGHT**

*Including a timed treatment of your choice*

**WITH 60 MINUTE TREATMENT**

*£140*

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- Full access to spa facilities from 5pm.
  - Complimentary juice on arrival.
  - Use of robes, slippers and towels.
  - VAT.

A £20 supplement will be applied on all Spa treatments and retreats on Fridays, Saturdays, Sundays and Bank Holidays.  
A discretionary 12.5% service charge will be added to the price of each treatment.

## LIFESTYLE *and* FITNESS

60 minutes

£70

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Book a private session with our highly skilled instructors in your preferred activity.

Tennis, personal training, yoga, tai chi and pilates.

*Available to Cliveden Club members, residents and spa day guests only.*





# BECOME *a* MEMBER

We have a range of membership options available to suit everyone.

Please contact our Spa Membership Sales Manager on [membership@clivedenhouse.co.uk](mailto:membership@clivedenhouse.co.uk) for further details.

\* *Sunday - Thursday.*

*Cliveden Club Members must become a member of the National Trust and renew annually.*

*Terms and conditions apply.*

*For full details please refer to the Club handbook.*

## *Your* PRIVILEGES

- 33% reduction on the published accommodation rates throughout the year for all room categories\*
- £175 special room rate for a Club room\*
- 25% reduction on food and drink
- 25% reduction on all spa and beauty treatments
- 25% reduction on boat hire
- Complimentary private dining room hire
- 25% reduction on the conference day delegate rate
- 12 complimentary spa passes per member worth £1200

# MEMBERSHIP *Fees*

## SINGLE MEMBERSHIP

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ONE YEAR (ANNUAL)	£3,730
ONE YEAR (MONTHLY)	£330
THREE YEAR	£9,600
JOINING FEE	£850

## DOUBLE MEMBERSHIP

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ONE YEAR (ANNUAL)	£6,215
ONE YEAR (MONTHLY)	£548
THREE YEAR	£16,050
JOINING FEE	£1,150

## JUNIOR MEMBERSHIP (16-18 years old)

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ONE YEAR	£1,500
JOINING FEE	£350

## GIFT IDEAS

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### CLIVEDEN GIFT VOUCHERS

Surprise someone special with a Cliveden Spa gift voucher.  
Available to buy online at [clivedenhouse.co.uk](http://clivedenhouse.co.uk)

### THE CLIVEDEN BODY COLLECTION

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<b>BODY BUTTER 50ml</b>	<i>£45</i>
<b>BODY BUTTER 200ml</b>	<i>£75</i>
<b>HIMALAYAN BATH SALTS 200g</b>	<i>£57</i>
<b>EXFOLIATING BODY SCRUB 200g</b>	<i>£57</i>
<b>BODY OIL 100ml</b>	<i>£63</i>

### CLIVEDEN ARTISAN CANDLE

*£43*

Created exclusively for The Cliveden Spa by one of the UK's leading artisan candle chandlers, Rachel Vosper, each candle is hand poured in her Belgravia boutique in the heart of London using the finest sourced ingredients and applying traditional methods to ensure longevity of fragrances and an optimum burn.

### THE CLIVEDEN NAIL COLLECTION

These fabulous British-manufactured nail polishes have a luxurious long lasting gel finish and can be purchased from The Cliveden Spa. The range incorporates 26 beautiful colours along with a base and top coat to enhance the wear of these wonderful polishes.

<b>NAIL POLISH 15ml</b>	<i>£17.50</i>
<b>SET OF 3 NAIL POLISHES</b>	<i>£45</i>
<b>TOP OR BASE COAT 15ml</b>	<i>£15</i>



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