



THE  
CLIVEDEN  
SPA

TREATMENTS



## *Our SPA partner*

The Cliveden Spa enjoys a partnership with **OSKIA**. This range of treatments has been designed to complement and accentuate OSKIA's multi-award winning nutritional skincare range. The holistic approach combines bespoke anti-ageing techniques, drawing on traditional knowledge such as acupressure, specialist massage, reflex and lymph drainage, as well as elements such as gentle enzyme and AHA peeling that will leave the skin, body and mind rejuvenated and glowing.

These treatments instantly boost skin health whilst improving tone and texture, and deliver an immediate natural glow and lasting benefits. They build on OSKIA's unique approach to boosting skin health and improving the complexion through a combination of topically applied essential cell nutrients and pioneering beauty actives, along with bespoke facial massage techniques and equipment. These highly effective treatments will ensure that even the most tired complexions come alive and skin is left feeling radiant and luminous.

## THE CLIVEDEN BODY COLLECTION

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Inspired by two remarkable ladies synonymous with the history of this fabulous house, Anna Maria, the first 'Mistress of Cliveden' and Nancy Astor, perhaps its most famous chatelaine, we have created two fabulous fragrances that not only delight the senses but have provided the inspiration for our own bespoke collection of luxurious body products designed by OSKIA, the luxury British skincare brand. These scents reflect the combination of strength, subtlety and femininity of the women who inspired them.

All products within the the Cliveden Body Collection retail range are vegan, developed for spa-quality home pampering.

### THE ANNA MARIA FRAGRANCE

Black Rose & Cedar wood, Calming & Balancing.

George Villiers, the second Duke of Buckingham, built Cliveden as a monument to his affair with Anna Maria. Even against the lush and licentious backdrop of the Restoration court, Anna Maria stood out for her ability to cause scandal and her willingness to spill blood in defence of her honour. Hers was a world perfumed with the dark woody smells of cedar wood, spices, earthy patchouli, musky sensuous roses, and enlivened by the tang of oranges - a favourite snack of audiences in London's theatres where so many women of Anna Maria's generation went to find fame, or infamy.

### THE NANCY FRAGRANCE

Fruit Blossom, Jasmine, Wild Mint & Lily. Refreshing & Stimulating.

Nancy Astor was the American whose energy and vigour would make her the first woman to win and take a seat in the House of Commons almost 100 years ago! On inheriting Cliveden, Nancy banished what she described as the 'splendid gloom' of her predecessor's décor and replaced it with the bright chintzes and fresh-cut flowers inspired by her beloved Virginian childhood. From her piercing blue stare to her acerbic humour, everything about Cliveden's final chatelaine was fresh, bracing and poised...

## **CLIVEDEN WARM OIL MASSAGE**

<b>45 MINUTES</b>	<i>£95</i>
<b>60 MINUTES</b>	<i>£120</i>
<b>75 MINUTES</b>	<i>£130</i>
<b>90 MINUTES</b>	<i>£145</i>

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Choose between the Anna Maria and Nancy fragrances.

Drawing on Eastern and Western massage techniques, your therapist will be guided by knowledge and intuition to administer a bespoke massage treatment, targeting your unique holistic needs whether that is to ease deep muscular tension, to rebalance and renew emotional or physical energies, to detoxify and stimulate lymphatic drainage, or to support general well-being. Warm, nutrient-rich super-seed oils including rosehip, evening primrose, blueberry, raspberry and strawberry ensure mind, body and soul are completely recharged.

## **CLIVEDEN RECOVERY BODY TREATMENT**

<b>60 MINUTES</b>	<i>£120</i>
<b>75 MINUTES</b>	<i>£130</i>
<b>90 MINUTES</b>	<i>£145</i>
<b>120 MINUTES</b>	<i>£170</i>

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Combining Ayurvedic and Eastern techniques, your therapist will advise you on the most beneficial components to be included and performed during this treatment. This could be a detoxifying mineral-rich mask, an invigorating salt scrub or dry-body brushing, as well as a warm lava stone massage, a tension releasing massage or soothing reflex-zone massage. These blend perfectly and aid with the easing of stress and tension during this full body treatment. A combination of ancient Indian massage techniques and craniosacral therapy balances the nervous system, restoring a harmonious flow of energy and induces deep meditative relaxation.

A £20 supplement will be applied on all Spa treatments and retreats on Fridays, Saturdays, Sundays and bank holidays

A discretionary 12.5% service charge will be added to the price of each treatment



  
THE CLIVEDEN SPA  
**Anna Maria**  
Black Rose & Cedarwood  
RESTORING & NOURISHING EXFOLIATING BODY SCRUB  
200g e

  
THE CLIVEDEN SPA  
**Nancy**  
Fruit Blossom, Jasmine,  
Wild Mint & Lily  
RESTORING & REMINERALISING HIMALAYAN BATH SALTS  
200g e

  
THE CLIVEDEN SPA  
**Anna Maria**  
Black Rose & Cedarwood  
RELAXING & FIRMS BODY BUTTER  
200ml e

  
THE CLIVEDEN SPA  
**Anna Maria**  
RESTORING & NOURISHING EXFOLIATING BODY SCRUB







## BESPOKE *facials*

Just go with the 'glow' and experience the incredible benefits of a bespoke facial at The Cliveden Spa.

### OSKIA

<b>45 MINUTES</b>	<i>£95</i>
<b>60 MINUTES</b>	<i>£120</i>
<b>75 MINUTES</b>	<i>£130</i>

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Our prestigious Spa Partner, OSKIA, offers a variety of benefits to suit all skin types. Whatever your concern, our therapists have the knowledge and expertise to create a unique experience, tailored to meet your needs.

A £20 supplement will be applied on all Spa treatments and retreats on Fridays, Saturdays, Sundays and bank holidays.  
A discretionary 12.5% service charge will be added to the price of each treatment.



## HANDS

**FILE AND POLISH 25 MINUTES** £30

**ESSENTIAL MANICURE 35 MINUTES** £45

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File, cuticle care and an application of polish.

**LUXURY MANICURE 60 MINUTES** £65

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File, cuticle care, hand exfoliation, hand and arm massage, followed by an application of polish and a polish to take home.

## FEET

**FILE AND POLISH 25 MINUTES** £30

**ESSENTIAL PEDICURE 35 MINUTES** £45

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File, cuticle care and an application of polish.

**LUXURY PEDICURE 60 MINUTES** £65

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File, cuticle care, foot and leg exfoliation, foot and leg massage, followed by an application of polish and a polish to take home.

**EXISTING GEL REMOVAL 25 MINUTES** £20

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Existing gels need to be removed before any manicure or pedicure.

A £10 charge occurs for removal of gel prior to treatments.

*Please book in addition to your chosen treatment.*

## GELERATION

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Add GELeration to an Essential or Luxury Manicure/Pedicure for an additional £10.

*Please specify at time of booking to avoid disappointment.*

A £20 supplement will be applied on all Spa treatments and retreats on Fridays, Saturdays, Sundays and bank holidays.

A discretionary 12.5% service charge will be added to the price of each treatment.





# BECOME *a* MEMBER

We have a range of membership options available to suit everyone.

Please contact our Spa Membership Sales Manager at [club@clivedenhouse.co.uk](mailto:club@clivedenhouse.co.uk) for further details.

*\* Sunday - Thursday.*

*Cliveden Club Members must become a member of the National Trust and renew annually.*

*Terms and conditions apply.*

*For full details please refer to the Club handbook.*

## *Your* PRIVILEGES

- 33% reduction on the published accommodation rates throughout the year for all room categories\*
- £175 special room rate for a Club room\*
- 25% reduction on food and drink
- 25% reduction on all spa and beauty treatments
- 25% reduction on boat hire
- Complimentary private dining room hire
- 25% reduction on the conference day delegate rate
- 12 complimentary spa passes per member worth £1200



## GIFT IDEAS

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### CLIVEDEN GIFT VOUCHERS

Surprise someone special with a Cliveden Spa gift voucher.  
Available to buy online at [clivedenhouse.co.uk](http://clivedenhouse.co.uk)

### THE CLIVEDEN BODY COLLECTION

Inspired by two remarkable ladies synonymous with the history of this fabulous house, Anna Maria, the first 'Mistress of Cliveden' and Nancy Astor, perhaps its most famous chatelaine, we have created two fabulous fragrances that not only delight the senses but have provided the inspiration for our own bespoke collection of luxurious body products designed by OSKIA, the luxury British skincare brand.

<b>BODY BUTTER 50ml</b>	<i>£45</i>
<b>BODY BUTTER 200ml</b>	<i>£75</i>
<b>HIMALAYAN BATH SALTS 200g</b>	<i>£57</i>
<b>EXFOLIATING BODY SCRUB 200g</b>	<i>£57</i>
<b>BODY OIL 100ml</b>	<i>£63</i>

### CLIVEDEN ARTISAN CANDLE *£43*

Created exclusively for The Cliveden Spa by Rachel Vosper, one of the UK's leading artisan candle chandlers, each candle is hand-poured in her Belgravia boutique in the heart of London. The finest sourced ingredients along with an application of traditional methods ensures the longevity of fragrance and an optimum burn.

### THE CLIVEDEN NAIL COLLECTION

These fabulous British-manufactured nail polishes have a luxurious long-lasting gel finish and can be purchased from The Cliveden Spa. The range incorporates 26 beautiful colours along with a base and top coat to enhance the wear of these wonderful polishes.

<b>NAIL POLISH 15ml</b>	<i>£17.50</i>
<b>SET OF 3 NAIL POLISHES</b>	<i>£45</i>
<b>TOP OR BASE COAT 15ml</b>	<i>£15</i>





**The Cliveden Spa**  
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